

Pharmacy Referral to GP practice



NHS England has published guidance to primary care prescribers to **not** routinely prescribe over the counter medicines for common conditions.

Please signpost patients back to their GP for an appointment - only if the patient is unable to purchase over the counter medicines due to licensing restrictions or their presenting symptoms /condition merits further medical advice.

Presenting symptoms /conditions

Acute sore throat	Insect bites and stings
Cold sore	Mild acne
Conjunctivitis	Mild dry skin
Coughs and cold	Sunburn (and sun protection)
Cradle cap	Mild hayfever
Haemorrhoids	Minor burn or scald
Infant colic	Pain and/or fever
Mild cystitis	Mouth ulcer
Mild dermatitis	Nappy rash
Dandruff	Oral thrush
Diarrhoea (adults only)	Ringworm or athletes foot
Dry or sore eyes	Teething or mild toothache
Earwax	Threadworms
Excessive sweating	Travel sickness
Head lice	Warts and verrucae
Indigestion and heartburn	Other - please indicate
Infrequent constipation	
Infrequent migraine	

Reason why over the counter preparation cannot be purchased

Pharmacist - Please note these reasons do not apply to every product and the pharmacy should check the product license for OTC sale before referring the patient to the GP practice.

Age restricted OTC product	Pharmacy stamp
Symptoms present for longer than OTC product license allows	
Symptoms suggest patient needs to see GP	
Pregnant / Breastfeeding OTC restriction	
OTC product license doesn't cover the condition	
Already tried OTC medication – pharmacy please explain	
Other: please give details to the reasons why OTC preparation cannot be purchased	